

## F Concurrent Sessions

Monday, June 10

4:45-5:45 pm

### F1 - The C.H.O.R.I.O Project

#### Interest Areas:

- Patient Safety
- Postpartum Care/Issues
- Labor Issues (e.g., preterm labor, labor dystocia, etc.)
- Sepsis

Chorioamnionitis (or "chorio"), a common intrauterine infection in labor and delivery (L&D), significantly impacts both mother and newborn. A multidisciplinary approach led to a chorio prevention bundle, incorporating evidence-based practices and infection prevention strategies, in a Northern California L&D unit. The result: a remarkable 50% reduction in chorio cases, dropping from 10.5% (Jan-Dec 2021) to 5.3% year-to-date (Jan-Sept 2023).

**Speakers:** Mrs. Lulette Infante, MSN, RN-BC, CPON, Safety, Quality, & Regulatory Services, Kaiser Permanente, Orangevale, CA and Lori Saari, BSN, RN, C-EFM, Labor & Delivery, Kaiser Permanente, Elk Grove, CA

### F2 - The Power of Navigation in OB Deserts

#### Interest Areas:

- Advocacy
- Community Health/Partnerships
- Maternal Morbidity & Mortality
- Neonatal Morbidity & Mortality

The Power of Navigation: Discover how nurses in an OB desert designed a maternal-infant navigation program that positively impacted their rural community. With a focus on social determinants of health and community partnerships, navigators increased access to prenatal and postnatal care, improving patient compliance and health literacy.

**Speakers:** Julie Teeter, MSN, RN, IU Health Jay, PORTLAND, IN and Holly Weaver, BSN, RNC-OB, Healthy Beginnings, IU Health Jay, Portland, IN

### F3 - Safe Use of Intermittent Auscultation to Expand Freedom of Movement in Labor

#### Interest Areas:

- Patient Safety
- Intrapartum Care/Issues
- Labor Support
- Fetal Heart Monitoring

Evidence supports use of intermittent auscultation (IA) instead of continuous electronic fetal monitoring in low-risk labor. IA supports freedom of movement and may help reduce the risk of cesarean or operative vaginal birth. Education and opportunities to practice IA skills are necessary to ensure IA is performed reliably, safely, and consistently.

**Speakers:** Debra Bingham, DrPH, RN, FAAN, Institute for Perinatal Quality Improvement, Quincy, MA and Renee Byfield, MS, RN, FNP, C-EFM, \*Institute for Perinatal Quality Improvement, Quincy, MA

#### **F4 - Eat, Sleep, Console: Is It Possible? Is It Sustainable?**

##### **Interest Areas:**

- Respectful Maternity Care
- Neonatal Conditions, Complications
- Substance Use Disorder
- NICU Care

Eat, Sleep, Console is a hot topic, but can it be fully integrated throughout a delivering facility and is it sustainable? This presentation discusses the journey of how bedside nurses and nursing leadership worked together to fully implement ESC in NICU, Mother-Baby, and Pediatrics, the challenges along the way, and results after 5 years of ESC integration.

**Speaker: Aubrey Williams, DNP, RN, C-ONQS, NPD-BC, RNC-NIC, MATS**, Northeast Georgia Medical Center, Gainesville, GA

#### **F5 - Holistic Black Birth: A Nurse Navigator to Support & Empower Black Birthing People**

##### **Interest Areas:**

- Reproductive Health & Justice
- Respectful Maternity Care
- Maternal Morbidity & Mortality
- Diversity, Equity, Inclusion, Justice & Belonging

Responding to inequities for Black birthing people, we developed a culturally concordant nurse-navigator program. Participants met with an OB nurse throughout pregnancy and post-partum to address health concerns, prepare for labor, assess SDoH, and improve access to care and resources. The program hosted Holistic Black Birth workshops and support groups. Outcomes, including cesarean delivery rates, were improved for participating families.

**Speakers: Leticia Rios, PhD(C), RN, NPD-BC, IBCLC, RNC-NIC**, Neonatology, NYU Langone Health - Long Island, Mineola, NY, **Aviva Kleinman, BSN, BSc, RN, C-MNN, C-EFM, IBCLC, CPLC**, Tisch Hospital Obstetrics, NYU Langone Health, Long Island City, NY

#### **F6 - Is There Cause for Concern? How We Educate Non-English Speaking Birthing People**

##### **Interest Areas:**

Postpartum Care/Issues

Communication

Maternal Morbidity & Mortality

Diversity, Equity, Inclusion, Justice & Belonging

Pregnancy-related deaths for Hispanic birthing people are on the rise. Due to language discordance, women who speak Spanish may not be receiving or comprehending education provided by nurses prior to discharge after giving birth. This presentation will examine the results of a quantitative study that included 85 postpartum nurses focusing on equitable care, barriers to using translation services, miming, and self-efficacy.

**Speaker: Trish Suplee, PhD, RNC-OB, FAAN**, Nursing, Patricia D. Suplee, Camden, NJ