

## D Concurrent Sessions

Monday, June 10

10-11 am

### D1 - Managing Stress in the NICU: Implications and Creating Solutions for Parents

#### Interest Areas:

- NICU Care

The presentation, "Managing Stress in the NICU: Implications and Solutions for Parents, provides an examination of the challenges of stress within the NICU. It explores the impact of stress on parents while offering evidence-based strategies to mitigate its effects. By fostering a deeper understanding of the issue and presenting practical solutions, the presentation aims to improve the well-being of families in the NICU setting.

**Speakers: Tracey Bell, DNP, APRN, NNP-BC**, University of Pittsburgh, Pittsburgh, PA and **Meredith Farmer, DNP, APRN, NNP-BC**, Emory University Nell Hodgson Woodruff School of Nursing, Atlanta, GA

### D2 - Improving Communication Using a Birth Preferences Sheet

#### Interest Areas:

- Respectful Maternity Care
- Communication
- Labor Support
- Diversity, Equity, Inclusion, Justice & Belonging

Respectful communication during perinatal care is one way to address inequity and improve birth outcomes. Our hospital used a birth preferences sheet to enhance communication during intrapartum care in a university hospital that serves a predominantly Black population. Our outcome measures were respectful maternity care and shared decision-making. We will present the perspectives of patients, nurses, midwives, and physicians.

**Speakers: Rachel Breman, PhD, MPH, RN**, School of Nursing, University of Maryland, Baltimore, MD, **Amy Brown, BSN**, University of Maryland Medical Center, Baltimore, MD and **Crystal Trent Paultre, MSN, RN, CBS**, Babies Born Healthy Program (Montgomery County, MD), Montgomery County (MD) DHHS, Silver Spring, MD

### D3 - Update on Maternal Fetal Interfacility Transport--an Interprofessional Approach

#### Interest Areas:

- Patient Safety
- Antepartum Care/Issues
- Risk/Legal

This interactive session will discuss the importance maternal fetal interfacility transport to improve maternal/neonatal outcomes, present the foundations of a perinatal transport program including team composition and scope of practice, regulatory oversight, safety, and quality. Case studies will be used to illustrate key concepts.

**Speakers: Beth McIntire, MSN, WHNP-BC, C-EFM**, Service Line Leader Women's and Children's Services IU Health Ball East Central Region, IU Health Ball Memorial Hospital, Muncie, IN and **John Clark, JD, MBA, NRP, FP-C, CCP-C, CMTE**, International Board of Specialty Certification, Snellville, GA

### D4 - The Role of Bedside Evaluation in Improving Diagnosis of Obstetric Sepsis

#### Interest Areas:

- Screenings for Disease Process

- Sepsis
- Maternal Morbidity & Mortality

Obstetric sepsis is the #2 cause of maternal mortality and is driven by poor recognition and delay in diagnosis. Maternal Early Warning Screens for severe infection have high rates of false positives and negatives. We will present a standardized bedside evaluation for perinatal nurses that includes clinical signs and symptoms to determine the next diagnostic and treatment steps. Nurses' immediate presence at the bedside can provide a critical timely evaluation.

**Speakers: Christa Sakowski, MSN, RN, C-ONQS, C-EFM, CLE, CMQCC, Palo Alto, CA**

#### **D5 - Maternal Care Doesn't Stop after Delivery: Advocating for Safe Maternal Care in the ED**

##### **Interest Areas:**

- Hypertension/Preeclampsia
- Postpartum Care/Issues
- Maternal Morbidity & Mortality
- Triage

Worsening maternal morbidity and mortality spurred The Joint Commission to recognize how prevention, early recognition, and timely treatment for maternal hemorrhage and severe hypertension/preeclampsia impact outcomes. The impetus to improve maternal mortality rates is no longer focused just on providers in labor and delivery; it has grown to include the entire perinatal period. These EPs are applicable to providers in Emergency Departments as well.

**Speaker: Yvonne A. Dobbenga-Rhodes, MS, RNC-OB, RNC-NIC, CNS, CNS-BC, CPN, Patient Care Services, Washington Hospital Healthcare System, Fremont, CA**

#### **D6 - Points of Pivot: Disparities in Gynecologic Cancers and Where We Go from Here**

In this session disparities in gynecologic cancers will be discussed and evaluated from viewpoints of age, racial/ethnic demographics, cancer type and the state of the science. Using these as a lens to focus on areas of improvement in clinical practice and women's health research.

**Speaker: Nalo Hamilton, PhD, MSN, WHNP/ANP-BC**