

## C Concurrent Sessions

Sunday, June 9

3:45-4:45 pm

### C1 - Improving Lactation Support for Patients Who Experience Severe Maternal Morbidity

#### Interest Areas:

- Hypertension/Preeclampsia
- Postpartum Care/Issues
- Breastfeeding
- Maternal Morbidity & Mortality

This presentation will outline how nurses can create tailored and deliberate lactation support programs designed to overcome the barriers birthing people who experience severe maternal morbidity encounter to meeting their lactation goals.

**Speaker: Adriane Burgess, PhD, RNC-OB, CCE, CNE, C-ONQS, CPHQ, FAWHONN**, Maryland Patient Safety Center, Elkridge, MD **Diane Spatz, PhD, RN-BC, FAAN**, Children's Hospital of Philadelphia, Philadelphia PA

### C2 - The Things We Don't Talk About: Ethical Dilemmas in Labor & Delivery

#### Interest Areas:

- Antepartum Care/Issues
- Birth Trauma
- Intrapartum Care/Issues
- Ethics

A nurse and hospital ethicist share how a strong partnership between the two disciplines can be a critical resource for our patients to avoid and mitigate harm, obstetric violence and get our best outcomes. Every nurse faces ethical dilemmas during their career, but how we navigate them will make the difference for our patients and ourselves. Learn to apply ethical principles to work through real case studies.

**Speakers: Jennifer Atkisson, MSN, RNC-OB, CNL**, Providence St. Joseph Health, Oregon City, OR and **Jennifer Dunatov, DHCE, MA**, Department of Ethics, Providence St. Joseph Health, Irvine, CA

### C3 - Enhanced Recovery after Surgery for Cesarean Delivery: QI Initiative

#### Interest Areas:

- Cesarean Delivery
- Sepsis
- Maternal Morbidity & Mortality
- Documentation

The enhanced recovery after surgery (ERAS) protocol for patients undergoing cesarean delivery (ERAC) is an evidence-based practice care management process designed to optimize post-surgical recovery and lessen the risk of patients developing SSIs. The purpose of this evidence-based quality improvement initiative was to evaluate the implementation and sustainability of the ERAC and provide recommendations for reimplementation and ongoing sustainability.

**Speakers: Cindy Beckett, PhD, RNC-OB, LCCE, LSS-BB, CHRC, EBP-C**, College of Nursing/Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare, The Ohio State University, Flagstaff, AZ and **Diana Tolles, MSN, RNC-OB, EBP-C**, Maumee OB/Gyn, PROMEDICA Health System, Maumee, OH

#### **C4 - Postpartum Hemorrhage Escape Rooms...More Than Simulation, More Learning, More Fun!**

##### **Interest Areas:**

- Health Education and Literacy
- Postpartum Care
- Professional Development
- Nursing Orientation Resources

The presentation will describe the postpartum hemorrhage escape room that was used to train OB nurses using adult learning principles. The purpose of the presentation is to demonstrate how nurse educators can create fun, effective learning for staff nurses.

**Speaker: Karen Clark, MSN, RNC-OB, CEFM, Women's Services, Atrium Health, Charlotte, NC**

#### **C5 - Fetal Heart Rate Tracings: Practice Makes Perfect!**

This presentation will allow participants to apply the standardized interpretation & management presented in the nursing excellence session earlier in the program. The focus will be on Category 2 tracings.

**Speaker: Lisa Miller, CNM, JD**

#### **C6 - Women's Health Clinical – Menopause**

Description: TBD

**Speakers: Heidi Collins Fantasia, PhD, RN, WHNP-BC, FNAP, FAAN and Michelle Flanagan**